




# Create Your Vision Board





A vision board is simply a visual collage of images and words that represent your goals and dreams in life.





When you see your dreams each day, they are more likely to come true!



# How To Create Your Vision (Dream) Board





Search and find photos



Open blank document  
or Canva program





Add pictures, labels & other designs



Download,  
print, display  
& enjoy the  
finished  
product!





# Your Challenge...

- Create your vision/dream board
- Post in group and share your board (or send to me)
- Tag someone

RJOWellness.com

